

# EDMONTON SPRINGBOARD & PLATFORM DIVING CLUB

## FALL LEARN TO DIVE LESSONS at THE KINSMEN SPORTS CENTER (9100 Walterdale Hill) or TERWILLEGAR REC. CENTRE (2051 Leger Road)

### REGISTRATION FORM: (please print)

Family Name:	First Name:	Date of Birth: YYYY/MM/DD
Age:                      Sex:	Father's Name:	Mother's Name:
No./Street:	City:	Postal Code:
Home Phone:	Cell:	Alt. No:
Primary Email:	Secondary Email:	AHC No.

Please indicate your 1st, 2nd and 3rd choices in case your preferred day is not available. Registration is based on a first come, first served basis and the program is very popular. The following are the class times at the Kinsmen Sports Center (K) or Terwillegar Rec. Center(T).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 10:15–11:45 (K - 10 wks)	<input type="checkbox"/> 10:30-12:00 (K - 10 wks)
<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 11:45– 1:15 (K - 10 wks)	
<input type="checkbox"/> 5:15 – 6:45 (T - 6 wks)		<input type="checkbox"/> 5:15 – 6:45 (T - 6 wks)		<input type="checkbox"/> 5:00 – 6:30 (T - 6 wks)	<input type="checkbox"/> 1:30 – 3:00 ADULT(K 10wks)	

This session at Kinsmen starting September 21, we are offering a 10 week long program (Monday - Sunday). At Terwillegar there will be a 6 week long program (due to a facility shut down) on Monday, Wednesday and Friday (Starting Monday Sept. 21)

Participants will be taught dive skills by nationally certified instructors who are or were themselves national diving competitors.

#### PROGRAM COSTS:

A session of 10 weeks, 1.5 hour lesson per week cost is \$195.00 (or ie. \$125 + 1 bingo) plus a \$30.00 administration fee. A session of 6 weeks, 1.5 hour lesson per week cost is \$110.00, plus a \$30.00 administration fee.

\*Because our club also relies on bingo revenues to help keep the cost of the program affordable to everyone, we are looking for families to volunteer at bingos, which will help subsidize your cost of the Learn to Dive program. If you are interested in signing up for bingos please call the office for more information at 780 444-7301. Bingo credits range from \$70 to \$105.

**FAMILY AND MULTIPLE DAYS OPTION:** Full fees are charged for the first diver, 20% discount will be given to each additional family member. This discount also applies to the same child attending more than one day per week. Discount does not apply to the \$30 administration fee.

Each lesson consists of a session of strengthening, stretching and physical conditioning, a session on trampolines with high repetitions of skills possible, then onto the dryland diving boards (at KSC) with landing mats for another session of high repetition springboard skills. After this, the divers have an additional period in the water using diving boards ranging from ¼ meter, ½ meter, 1 meter and 3 meter learning to perfect their acrobatic diving skills. Report cards and badges will be issued during the session. You may also participate in recreational diving meets held throughout the season.

**MISSED CLASS POLICY:**

If a class has been missed due to illness, the diver may be able to make this class up at another time if space is available. In order for this to happen, the diver must first notify the office that they will not be able to participate in their regular lesson before their class has started. The diver can then arrange a make-up class by phoning the office at (780) 444-7301 to ensure there is a spot available on the day that they wish to do their make-up class. You will not be refunded for any missed classes.

**PAYMENT OPTIONS: (Please check the appropriate option)**

☐ I will be paying by cash or cheque for the Kinsmen or Terwillegar session.

**Please find enclosed \$225.00 (10 weeks), or \$140.00 (6 weeks) which includes the administration fee.**

☐ I will be paying by post dated cheques for the Kinsmen session. **The postdated option for 10 weeks is \$85 dated currently + two \$75 cheques dated for Oct. 1 and Oct. 15** (Total of \$235 which includes a \$10 post dated cheque processing fee). **The postdated option for 6 weeks is \$50 dated currently + two \$50 cheques dated for Oct. 1 and Oct. 15** (Total of \$150 which includes a \$10 post dated cheque processing fee).

☐ I am interested in subsidizing my fees by helping out at fundraising (bingos or a casino). For this option of payment, your fees cheque(s) must be received **in full** and will be cashed. Refunds will be issued once all bingos have been worked. **As well a \$100.00 "Performance Cheque" \* is required before signing up for bingos.** Please contact the office for more information regarding working bingos to subsidize your fees.

\*In the event that an individual fails to "Show Up" at a bingo or cancels without a replacement within seven days of the bingo, a club fine of \$100.00 will be imposed as such an incident can result in a bingo association fine to our club or loss of a bingo event. Consequently an undated "Performance Cheque" for \$100.00 should be enclosed, which will not be cashed except in the case of such a penalty.

I AM AVAILABLE TO WORK DAYTIME BINGOS ☐

(11am – 4:00 pm) OR EVENING BINGOS ☐ (5pm –

10:00 pm) OR LATE ☐ (5pm – 12am)

**CANCELLATION POLICY:**

There is no refund after the 5<sup>th</sup> class at the Kinsmen, or 3<sup>rd</sup> class at Terwillegar. Prior to the 5<sup>th</sup>/3<sup>rd</sup> class, two weeks written notice will be required.

**REMEMBER FOR YOUR REGISTRATION TO BE COMPLETE, WE MUST HAVE;**

1. Your cheque(s) for the 10 week session at Kinsmen, or 6 week session at Terwillegar (current + post dated cheques dated Oct. 1 and Oct. 15, 2015).
2. Fundraising "Performance cheque" of \$100 (**only if working at bingos**)

**(Please make cheques payable to E.S.P.D.C. or ESP Diving Club)**

I have read and understand my obligations indicated on the above form:

\_\_\_\_\_  
Signature of Parent/Guardian or diver if 18yrs or older

\_\_\_\_\_  
Date

**FOR MORE INFORMATION ABOUT THIS OR OTHER PROGRAMS OFFERED THROUGH THE EDMONTON SPRINGBOARD AND PLATFORM DIVING CLUB, OR TO REGISTER PLEASE CALL:**

**780 444-7301**

**Mailing address: 7 RIVER HEIGHTS DRIVE N.W. EDMONTON, ALBERTA, T6M 2R1**

***This form may also be dropped off at the Kinsmen Sports Centre in the drop box. (Please enquire about location)***

Email: [espdiver@telusplanet.net](mailto:espdiver@telusplanet.net)

Website: [www.espdiver.com](http://www.espdiver.com)